



WILLIAMSVILLE
WELLNESS

OUR OUTPATIENT PROGRAMS

Flexible, Intensive Treatment
from the Comfort of Home

Available to Virginia Residents

100% Virtual Programs

12 Hours per Week (IOP)

25 Hours per Week (PHP)

Insurance Accepted



MORNING
AND
EVENING
OPTIONS
AVAILABLE

Program Details



Partial Hospitalization Program (PHP)

- 25 hours per week
- 5 hours per day, Monday through Friday
- 5 individual therapy sessions per week
- Psychiatric support weekly
- Family session options available

Ideal step-down from residential or higher level of care



Intensive Outpatient Program (IOP)

- 12 hours per week
- 3 hours per day, Monday through Thursday
- One individual therapy session per week
- Group therapy & skill-building
- Ideal for work/school schedules

Ideal step-down from Partial Hospitalization or higher level of care

Simple Admissions Process

1. Call for free, confidential assessment
2. Verify insurance coverage (we handle this)
3. Schedule your start date
4. Begin treatment from home